



**NATIONAL FEDERATION OF YOUNG FARMERS' CLUBS
Competitions Programme 2023/24**

Status Final
July 2023
Area Eliminator
Amended 17.8.2023

**National Mixed Volleyball
17 – 28 year olds**

R U L E S

Competition Aim

To provide members with the opportunity to take part in a National Volleyball competition.

Learning outcomes

Volleyball skills, teamwork, adhering to rules, exercise, fun, winning/losing, personal development skills and improving own performance

REMINDER: Please read these rules in conjunction with **NFYFC General Rules** and familiarise all competitors with the **Fine System in place for withdrawal from competitions.**

Further information can be found at <https://nfyfc.org.uk/competition-organisers-resources>

1. **VENUE** - After Area Eliminators, the Final will be held at the Sports Championship Day – **Sunday, 7th July 2024** in Staffordshire.
2. **REPRESENTATION** - Counties may enter one team per 600 members or part thereof in Area Events. Areas will be represented by one team per 3,000 members or part thereof in the Final Competition.

ELIGIBILITY - A squad of twelve players, all of whom must be aged between 17 to 28 years on 1 September 2023. For clarification on ages, a member must be 17 on 1 September 2023 or 28 on 1 September 2023. Those nominated must be full members of a Club affiliated to NFYFC, from whom six players (three male/three female) shall be chosen to form the team for each game. ~~During the game only six substitutions may be made.~~ **Substitutions will be made by rotation, with a substitute coming off the bench to serve each time a new server is required.**

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4. **HEALTH & SAFETY & SAFEGUARDING** – All competitions carried out at every level must comply with Health and Safety and Safeguarding legislation and meet the relevant safety standards.

A completed NFYFC Parental Consent form is required for every member under the age of 18, **and also a form to be completed if being supervised by senior YFC member** (and not the parent/guardian) must be returned to NFYFC not later than 5 working days prior to the competition. Also, it is recommended that members under the age of 18 carry a copy of the completed Parental Consent form with them on the day of the NFYFC final.

It is the responsibility of the County Federation to ensure these forms are completed and returned in good time.

5. **SUBSTITUTION**
All substitutes must have been eligible to compete in the County Final.

PROCEDURE – The competition will be played on a league basis. The teams shall be drawn into two leagues and matches will be run on a 'best of three sets' basis. The highest scoring team from each league will play the second team from the

other league in a Semi-Final to determine the two teams for the Championship Game. The two losers in the Semi-Finals may play off for 3rd and 4th place if desired. League points will be awarded as follows:-

6. To note that the height of the nets should be 2.43m as stated in the Volleyball England Rules for a Senior Men's Competition, which is also used for Senior Mixed Competitions.

It is recommended that you play on a full Volleyball court. Due to the number of matches being played on the day of the NFYFC Finals the competition is to be run using a timed format:

- a. The timed format will be 3 sets, each of 8 minutes, teams win 3-0 or 2-1.
- b. One time out is permitted per set when the first team reaches 8 points.
- c. A rotation system will be in place where players rotate off and then rotate back on to serve.
- d. When the whistle is blown to signify the end of the set, if the ball is in play the point shall be concluded and counted.
- e. If the teams are tied at the end of the set, a final point will be played to decide the winner of that set.
- f. If a player scores 3 successive serves the team will rotate but keep the serve.
- g. If a team scores 6 successive serves they will pass the ball to the opposition, the score doesn't change.
- h. Contact with the ball is allowed with any part of the body, the ball is allowed to strike the foot, but kicking is forbidden. A kick will result in a loss of a point.
- i. Roles are not specialised to individual players.
- j. The server is a backcourt player.
- k. To provide a positive experience to the players we advise the use of reduced weight balls – Mikasa VS170W is recommended.

The Referee shall be the sole arbiter on points of dispute. The Rules of the Game of Volleyball will apply unless amended by this document.

A player who is "sent off" shall take no further part in that day's games.

All competitors must be suitably dressed.

Each team must state their colours and reserve colour on the entry form.

7. **AWARDS - *The Bernard Bailey Cup*** and NFYFC Awards to the winning team.

NFYFC Awards will be given to teams placed second, third and fourth.

NFYFC Certificates of Achievement will be awarded to those teams who, in the opinion of the Judges, have attained a satisfactory standard.

NOTES - IMPORTANT:

1. Competitors are reminded to read carefully the General Rules relating to National Competitions if they are taking part in this Competition. These are available from the NFYFC website.
 2. This competition **WILL** carry points towards the NFU Trophy.
 3. **Competitors should wear appropriate kit for this competition final.**
 4. Members will be disqualified if they are not at the Presentation of Awards without prior permission being granted.
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